



PART NUMBER

**PFR68-120**

DESCRIPTION

**ENGINE MOUNT INSERT**

### INSTALLATION GUIDE

#### Contents (parts per pack):

2 x Polyurethane Inserts

#### Note:

A small increase in NVH usually at idle should be expected when fitting an engine/transmission mount insert because you are effectively removing the original voiding and stiffening the mount between the engine/transmission and chassis. The performance benefits felt by fitting an updated mount or insert come from blocking this voiding up, thus restricting engine movement.



*Please read the complete fitting instructions and check package components before fitment. These fitting instructions are to be used as a guide and in conjunction with workshop manual.*

*It is recommended that:*

- all work to be carried out by a licensed technician;*
- all safety precautions adhered to;*
- wheel alignment to be checked and adjusted as required after any suspension work.*
- All fasteners must be tensioned to manufacturer's torque settings.*

#### Fitting Instructions:

1. Support the engine from underneath the car and access the engine mount.
2. Clean any dirt and debris from the inside of the rubber voids in the engine mount.
3. Fit the Polyurethane inserts into the mount (Fig 1.)
4. Fit back engine mount to the car (Fig 2.) and tension all hardware to manufacturers recommended torque settings.



Figure 1 - Fit Inserts into voids.



Figure 2 - Mount fitted back on car.